

5. September 2023

# Learning, Teaching & Training Event Sofia in Königswinter/Bonn September 3rd - 6th 2023

## Innovative neighbourhood concepts from Bremen

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Board member of the Trustees of the Bremer Heimstiftung and the St. Remberti  
Foundation



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# Agenda

- ▶ 1. Presentation
- ▶ 2. Rethinking housing projects for older people! Why?
- ▶ 3. Innovative housing project of the Bremer Heimstiftung
- ▶ 4. Innovative project of the St. Remberti Foundation
- ▶ 5. Summary

# 1. Presentation

- ▶ **Dirk Schmidtman**
- ▶ \* 21.04.1955 in Bremen
- ▶ Married, 2 children
- ▶ Master concrete and reinforced concrete builder
- ▶ 5 years as development aid worker in Nepal in bridge construction
- ▶ 11 years as a member of the Bremen Parliament
- ▶ Over 30 years as a technical civil servant in the field of bridge construction and civil engineering
- ▶ Since 2022 in retirement with several honorary offices in the field of politics for the older persons and other hobbies

## 2. Rethinking housing projects for old people! Why?

### **Germany lacks around 2 million flats suitable for older persons!**

- ▶ In Germany there are currently around 3 million households in which people with limited mobility live.
- ▶ However, there are currently only about 1.2 million barrier-free flats without steps and about 1 million flats with large rooms and large corridors.
- ▶ This means that for 2 out of 3 households there is no housing suitable for the elderly.
- ▶ By 2035, the need for flats suitable for older persons, in which people with limited mobility live, will increase to about 3.7 million.
- ▶ Because spacious flats are attractive, mobility-impaired people compete with other groups for the scarce living space. The actual supply gap is therefore significantly higher.

### 3. Innovative housing project of the Bremer Heimstiftung:

Multigenerational House Foundation Village Graubündener  
Straße



# Multigenerational House Foundation Village Graubündener Straße



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# Multigenerational House Foundation Village Graubündener Straße

- ▶ Coordination of outreach work for older persons - home visits
- ▶ Meeting place and qualification of committed citizens
- ▶ Café with lunch (funded employment)
- ▶ Residential care community
- ▶ Living with service
- ▶ Day care
- ▶ Day care centre (0-3/3-6)
- ▶ Open meeting place for all citizens of the neighborhood
- ▶ Seminar rooms
- ▶ Health meeting point
- ▶ Speech therapy practice
- ▶ Mobile Rehab GmbH

# Multigenerational House Foundation Village Graubündener Straße

- ▶ Funding in the federal programme Multigenerational House: > 40,000 euros per year
  - ▶ of which 30,000 euros from the federal government and 10,000 euros from the municipality
- ▶ Through a flexible and social space-oriented orientation, the MGHs, together with the municipalities, are to further strengthen the social cohesion of all population groups.
- ▶ The federal programme Multigenerational House had the following thematic priorities in the funding period 2017 - 2020:
  - ▶ Integration of people with migration and refugee background
  - ▶ Shaping demographic change (reconciling family and work)
  - ▶ Promoting civic engagement
  - ▶ Strengthening the intergenerational community in the neighborhood



# Multigenerational House Foundation Village Graubündener Straße



# It all depends on the mixture

## Components of a vibrant home foundation neighborhood

- ▶ Community management
- ▶ Barrier-free living space
- ▶ Residential care community
- ▶ Day care
- ▶ Outpatient service counselling office
- ▶ Day care centre
- ▶ Neighborhood café



## 4. Innovative project of the St. Remberti Foundation: St.-Remberti-Stift



# St.-Remberti-Stift in Bremen - Mitte

- ▶ Bremen's oldest surviving social institution and one of the oldest in Germany
- ▶ founded around 1300
- ▶ originally served as a leper hospital, later as a poorhouse and old people's home
- ▶ under protection of historical buildings and monuments in Bremen since 1973
- ▶ has today about 100 flats of various sizes (1.5 to 4 rooms with 35 to 80 square metres of space)
- ▶ in addition, there are 39 one-room and 18 two-room flats in the district house, which is run by the Bremer Heimstiftung.

# St.-Remberti-Stift in Bremen - Mitte



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# St.-Remberti-Stift in Bremen - Mitte



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# St.-Remberti-Stift in Bremen - Mitte

## What is life like in the St.-Remberti-Stift today?

- ▶ a gardening working group 
- ▶ an art working group, including a painting and drawing group 
- ▶ a common breakfast (1x per week) 

... and the super advantage in the St.-Remberti-Stift is a very favourable rent of € 5.50 per square metre!

(Comparative rent in the same residential area of up to € 15.00 per square metre).

# 5. Summary

**The aim is to develop a broad social awareness of the lack of barrier-free housing**

for example through :

- ▶ Interference in municipal structures (politics / municipal housing associations)
- ▶ Initiatives and support for innovative housing projects
- ▶ more housing adaptations in the existing stock
- ▶ ...
- ▶ ...



# Thank you for your attention!

